



# Dragon's Lair

December 2017 ~ 2nd Nine Weeks

A Publication of Fred Moore High School

## Principal's Message

Happy Holidays Dragon Family!

Tis' the season to be jolly as we draw close to the end of the first semester and to our 2017-18 Fall commencement exercise being held at the University of North Texas Tuesday, December 19<sup>th</sup> at 7pm. While this event is a glorious culmination of excellent work that has taken place this semester, it is also a very bright beginning of the futures of our graduates. Plus, Fred Moore High School is very excited about the increase in our number of Fall graduates this school year!

The season also calls for a celebration of some of the reasons we are experiencing a graduate increase this semester. First, the technological advancements that have improved our systems for monitoring safety and attendance, and the development of a professional learning community (PLC) where teachers collaborate on strategies to support struggling learners. Second, several of our graduates have justly given credit to the work of our dedicated teachers for their accomplishments. That work includes setting clear expectations for students to earn credits, data-driven progress monitoring, and timely interventions as established in their PLC. Lastly, I would be amiss if I did not recognize the significant contributions of our professional and paraprofessional staff to the academic and social-emotional success of our students.

On behalf of Fred Moore High School's faculty and staff, we wish our families a Merry Christmas and Happy New Year! As the spirit of a positive and collaborative culture continues to take root on our campus, we invite parents and the community to come and share in this growth. Be safe, be blessed, and we look forward to all the possibilities that 2018 will bring.

*Marilyn Rabsatt,*

Principal

## Fred Moore's College And Career Day

By: Lirio Linares

Students met up in the gymnasium with the many different colleges and organizations to meet and speak with them for information, brochures. The groups were also offering several different other goodies like pens and pencils, rulers, highlighters, mints, and other items.

The colleges that came by the fair that day were UNT, TWU, Lincoln Tech, NCTC, the J.T.S. Academy of Beauty, and the Universal Technical Institute. The organizations that also offered information for the students included the Texas Workforce Commission, Rotary International, Wells Fargo, and the U.S. Army, Navy, Marines, and Air Force.



Following the information fair was the keynote speaker of the day, introduced by fellow student, Dedjanae Lucas. Major General Mary Saunders, Retired, is the Executive Director of Staff Leadership at the Texas Woman's University. She spoke to the students about the importance of technology in today's world and in the career field, as well as surpassing and overcoming obstacles like poverty and other adversities facing high schoolers.

Throughout the rest of the day, students were split up into four different sessions that held special meetings with the colleges and groups to learn more in depth about the organizations.

To finish off the event, there was a passport raffle for the students that participated. The prizes included cups full of candy, gift cards, and even a Fred Moore messenger bag.



Special Thanks to our Community Supporters for Passport 2 Success:

Delta Public Service Foundation of Denton County (Ms. Dorothy Watts) • Denton Morning Rotary Club (Mr. Larry Tubbs, Ms. Karen Severance, Mr. Ralph Wiley, John Smyers) • Texas Woman's University (Retired Major General Mary Saunders, Ms. Arissa Gaytan & Ms. Andrea Solis) • North Central Texas College (Mr. Jason Peacock, Ms. Beverly Goddard, Ms. Maria Villamater, Ms. Stephanie Lindsey) • Texas Workforce Commission (Mr. James Thompson & Ms. Jill Griffith)

*continued on page 3*

# 2017-18 Calendar

by Christopher Alanis



- \*11/8 — Bell Ringing Ceremony, 3 pm
- \*11/10 — Veteran's Day Program, 1 pm
- \*11/14 — Bully Prevention Advisory
- \*11/20 - 11/24 — Thanksgiving Holiday

## December

- \*12/4 - 12/8 — STAAR End of Course Testing
- \*12/8 — Last day for Fall Graduates to submit work
- \*12/13 — Bell Ringing Ceremony
- \*12/15 — Graduation Rehearsal & Graduate Handprints, 1 pm - 3 pm
- \*12/19 — Graduation @ UNT Gateway Center 7 pm; Early Release 1:05 pm
- \*12/20 — Early Release 1:05 pm
- \*12/21 - 1/3 — Winter Break

## January

- \*1/4 - 2nd Semester Classes Start
- \*1/15 - Martin Luther King, Jr. Holiday - no school



*"Difficulties strengthen the mind, as labor does the body."*  
— Seneca

**Pictured:** A statue of the goddess of victory, Nike. To be a victor means to persevere and overcome obstacles, no matter how hard.

## Magical Mondays



After being nominated by librarian Miranda Pena, Fred Moore High School student and avid reader Eloise Bourns was selected as a winner for Texas author Mari Mancusi's Magical Mondays Book Giveaway. Mari Mancusi is an award-winning young adult author and freelance television producer. Eloise received a copy of Mancusi's latest book *Gamer Girl*, along with some free swag. Mari Mancusi is an award-winning young adult author and freelance television producer, for which she has won two Emmys.

Congratulations, Eloise!

## Find Your Grind Tour

By: Jass Lopez and Lirio Linares

Earlier this semester, the students took a trip to Flower Mound High School to listen to Mike Smith, founder of the **Find Your Grind Foundation**, and to attend the Josten's Renaissance Find Your Grind Tour. Smith's goal was to inspire youth to learn, create, and help out their community.

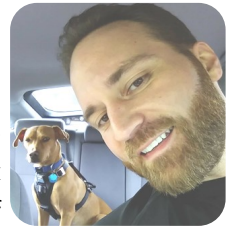
The students also got to participate in activities such as a dance contest and even got to take a picture with the main speaker, Mike Smith, himself.

The students learned a lot of valuable information that day and were inspired to go out and make a difference in their world!



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## Teacher Spotlight



The "Teacher Spotlight" for the 2<sup>nd</sup> grading period of the 2017-18 school year is Mr. Toby Thomason.

Mr. Thomason's career as an educator began eight years ago in the Dallas ISD as a foreign language teacher at Francisco Medrano Middle School. Fred Moore High School was fortunate to bring him back to our district in 2013. He is an alumni of Denton High School in the Denton ISD and the University of Springfield, Illinois, where he earned a Bachelor's of Arts degree.

Like all Fred Moore staff, Mr. Thomason wears numerous hats; however, his situation is more unique because he teaches three different subjects: Math, World Languages, and Physical Education along with many content areas within those subjects. In addition, he is currently Team Lead of the FMHS Professional Learning Community and helps coordinate student recognitions and awards every 9 weeks. Mr. Thomason has also served our district for several years as a dedicated member of the Teacher Communication Committee.

In his spare time, Mr. Thomason enjoys both domestic and international travel. He is a natural parks enthusiast and lover of outdoors. His journeys have taken him from rain forests in South America, northward to Canada, and numerous states in between. All the while, Mr. Thomason dabbles in photography by capturing breath-taking images of his travels.

Fred Moore High School salutes Mr. Toby Thomason as a highly valued and respected member of our family. Your innovative thinking and your "doing whatever it takes" attitude are greatly appreciated. Thank you for all the years of commitment to our students and to our team.

## Student Involvement Photos

*Thank You Continued:*

- University of North Texas (Ms. Tiffany Lipscomb and Mr. Sean Guinyard)
- Wells Fargo (Mr. Thomas H. Ice, Ms. Laura Coleman, Ms. Shania Bridges)
- I.T.S. Academy of Beauty (Ms. Stacy Eads, Ms. Ashley Hearn, Ms. Courtney Goryl)
- Lincoln Technical Institute (Mr. Brian Cook & Ms. Kim Garza)
- Movie Tavern Denton (Mr. Chris Carter)
- Denton ISD Technology (Mr. Roy Verges & Mr. Matthew Pilgrim)



Joseph and Reece pictured with donations collected during the **#NoMooreHunger** campaign

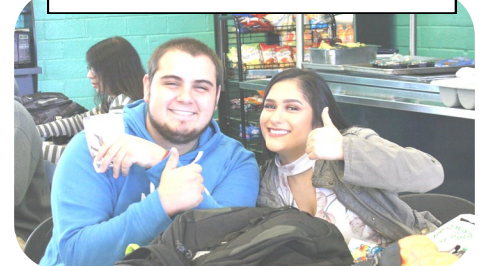
**BLOOD DRIVE** JUST 1 DONATION SAVES 3 LIVES

Interact Club sponsored a blood drive on October 18, 2017. Fred Moore students and staff donated total 21 units saving up to 63 lives.

Yaeli showing her support to end bullying



Friends, James and Christina, enjoying lunch before the Career Fair



Quanessa, Sgt. Cantu, Zyla and Dedjanae strike a pose during Passport 2 Success



Aiden and Joseph hang an Anti-bullying poster

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# Fred Moore Graduates

## Fall Class 2017 - 2018

Congratulations to all of the graduates that finished this Fall!

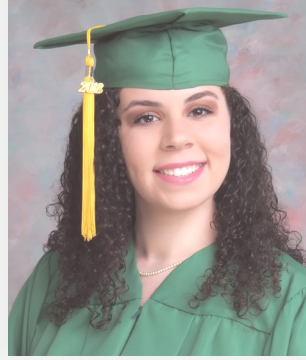
We are excited to honor and celebrate all of their hard work that they put into graduating.



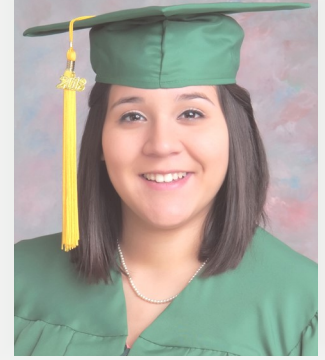
Evelyn Claire Adams



Scott Colton Adams



Whitney Grace Anthony



Gabrielle Grace Apgar



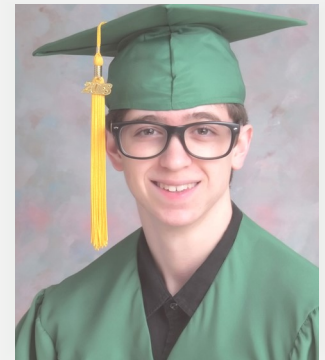
Ethan Noble Bourns



Karlee McKay Chatwin



Joseph Edwin Davis



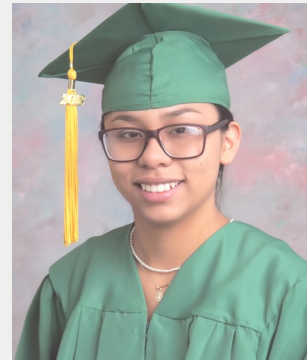
Michael Peter Fitzpatrick Jr.



James Santo Gazzarato



Litzy Miranda Guima



Ashley Isabel Hernandez

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Once again, we would like to thank Mr. Bruce Davis of

**Davis Photography Studio**

Denton, TX 940-387-3747

for capturing these special memories for Fred Moore High School.

**Congratulations, Graduates!**

**We wish you all the best of luck!**



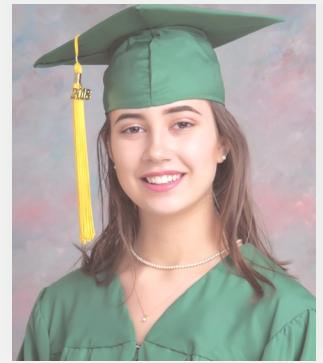
Lirio Elena Linares Neri



Dedjanae Jyriell Lucas



Alejandro Medina Jr.



Sierra Pasley



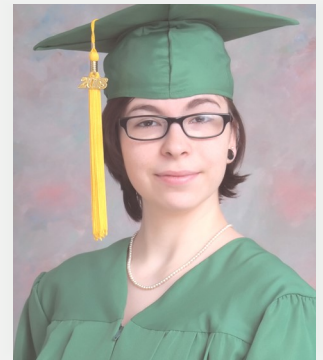
Michael Franklin Quarles Jr.



Christina Marie Rodriguez



Lydia Rashid Savvina



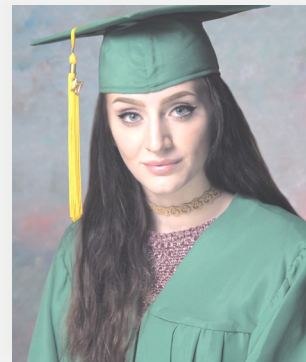
Hayley Marie Sipe



Gabriel Reece Snyder



Taylar Dean Spence



Mandy Lynn White

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# Veteran's Day Celebration

During Fred Moore's Veterans Day program, we remembered and payed tribute to fallen soldiers, as well as, former soldiers. We had the honor of having Mr. Davis K. Davis as our guest speaker. Mr. Davis joined the Army in 1967 and went to basic training in Fort Polk, Louisiana. After basic training, he went to advanced individual training or AIT at Fort Sam Houston, Texas where he was trained to be a combat medic. He then went to parachute training and served in Germany as a medic in a helicopter crew or air ambulance. He was sent to Vietnam in October of 1968. He was assigned to the 82nd airborne division as a combat medic in the infantry. He returned to the U.S. in November of 1969 and ended his military service as a Specialist E5.



UNT ROTC Color Guard executed the Presentation of Colors



Mr. David K. Davis was a Vietnam veteran at the age of 18 going on 19. While enlisted he served as medic and paratrooper. He described the hardships and unique experiences he had while stationed in Vietnam in the '60s. He told stories of large bats, poisonous snakes, giant tiger footprints, and even sleeping with half of his body still in water! Mr. Davis reminisced of his first experience jumping off a plane.

Mr. Davis shared a tip to help honor veterans. Clean up their gravestones, say a prayer, and dress it up with some flowers and an American flag. He also had a piece of advice to tell students, and that was to be yourself. He emphasized the importance of individuality and thinking for yourself.



Jass Lopez, Aiden Sipe, Monica Ruiz, Savanna Broades and Dedjanae Lucas sang the National Anthem.



Arturo Muñiz  
Musical Selection



Mrs. Swindle greeting Mr. Davis after the program while others looked at the memorabilia he brought with him

## Fred Moore Welcomes New Staff Members Miranda Peña and Kelly Fiore-Watson

Miranda Peña, our School Library Aide, was interviewed by Jass Lopez.

When asked what her first impression of Fred Moore was, Mrs. Peña responded, "I like that it's a small school; I like all the student's and I feel like I can make a bigger impact since it's a smaller school." She noticed that the students were very polite and outgoing. She went on to say that Fred Moore has a diverse history, she believes it's a place where students can come and be known and be supported and receive compassion. Mrs. Peña stated she prefers working with kids that face more challenges because it is more rewarding. She feels the most challenging thing about working at Fred Moore is investing with the kids and then seeing them leave.

Before coming to FMHS, she worked at the Sul Ross State University Library. When she's not at school, she enjoys spending time with her husband, family and 20-pound Dominican rescue cat. She is also involved in church activities. She loves cooking, reading, going to concerts and traveling.

The advice she would give to students about becoming adults is to be self-aware, to take responsibility for your own actions, learn from your mistakes and no matter how old you are to always have a strong supportive network. We are living in world where there are many distractions, you must have the ability to stay focused. It is important to build a strong healthy friendship with friends and family so that when you come on hard you're not alone.



Kelly Fiore-Watson was interviewed by Monica Ruiz. She is our Attendance Liaison/Instructional Aide. Mrs. Fiore enjoys the sense of history in the building. She thinks Fred Moore himself stood for taking responsibility for your own actions and life. She is impressed by many of the students that are taking their own futures in their hands.



Mrs. Fiore (right) pictured with our office manager, Mrs. Cates

She met a man recently who told her he went to Fred Moore High school before it was segregated. He was profound in his description of how important his education was to him. Even through social injustice he knew his education was the most important piece for his future She chose Fred Moore to work at instead of another school because this school is filled with students who have already experienced life challenges-and yet they persist. Fred Moore High is the best environment to be a part of every day.

Before coming to FMHS she worked as Youth Minister for Whaley United Methodist Church and Director of Community Education at Abigail's Arms, a Domestic Violence Shelter. Her hobbies include going to thrift shops and garage sales, watching documentaries, taking naps, hanging out with her cool daughter and just being cool. She also spends time with her pests, Sammy J (a Goldendoodle dog) and Janis Joplin (coolest black cat ever).

In her words, the hardest thing about working at FMHS is students that have excessive absences. JUST COME TO SCHOOL, PEOPLE! She hopes to change the perception of Fred Moore High in the community. Many people think this is a school for "bad kids" or "kids who are troubled". She wants the community to understand our students are better than others – smarter, gifted and are willing to persist. Fred Moore students are actually trying to succeed.

The advice she would give to students about being an adult is to be financially independent. When you have your own money, you can make your own decisions. She also would tell students that even though you don't see it yet, each decade of your life is a different chapter. Don't forget to change the story up a bit. Make each chapter different from the last. Meet people, travel, create memories.

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## Outsmart Germs for a Healthy Holiday

### How Germs Spread

The main way that illnesses like colds and flu are spread is from person to person in respiratory droplets of coughs and sneezes.

This can happen when droplets from a cough or sneeze of an infected person move through the air and are deposited on the mouth or nose of people nearby. Germs are also spread when a person touches respiratory droplets from another person on a surface like a desk and then touches his or her own eyes, mouth or nose. Viruses and bacteria can live 2 hours or longer on surfaces like tables, doorknobs, and desks.

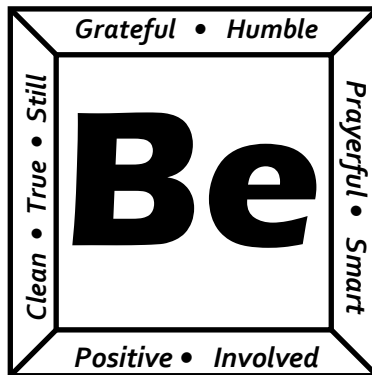
### How to Stop the Spread of Germs

Cough or sneeze into a tissue and then throw it away or cough into your sleeve.

Try to keep your hands away from your face. Wash your hands frequently.

Sing the ABC song while you wash your hands. When you wash your hands use soap, warm water and wash for 15 to 20 seconds.

When soap and water are not available, use alcohol-based disposable hand wipes or gel sanitizers. Rub your hands until the gel is dry. The alcohol in the gel will kill germs.



**8** Holiday Relaxation Tips

1. Reserve 30 minutes of quiet time/day
2. Listen to relaxing or inspirational music
3. Laugh out loud
4. Undercommit yourself
5. Get 7-8 hours of quality sleep
6. Keep Mondays free
7. Exercise your body & mind
8. Take a 20-minute power nap

Thank you to all the faculty, staff and students who submitted content and ideas to the Dragon's Lair.

Lirio Linares - Editor • C. Ware Jones - Advisor

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